

# HOST YOUR OWN BIG SCHOOL SLEEP OUT



*"It was such a special event – so warm in spirit, but when we settled down to sleep, the reality of doing this day in day out really kicked in. What a great experience for the children!"*

Charlie of CSS Activities at The BIG Oakwood School Sleep Out

In aid of

**stonepillow**

prevent - relieve - recover - resettle - restore

[stonepillow.org.uk](http://stonepillow.org.uk)  
[fundraising@stonepillow.org.uk](mailto:fundraising@stonepillow.org.uk)



# WHO WE ARE

Stonepillow is the leading homelessness charity in Chichester, providing a safety net for those who have nowhere left to turn. We offer a wide range of services that prevent, relieve, recover, resettle, and restore the lives of some of the most vulnerable members of our community.



## WHO YOU WILL HELP

Through challenging yourself, you can raise much needed funding for the service we provide at our **Chichester Hub**. Every year we need to raise over £175k to open this day hub 7 days a week, 365 days a year and help <40 people per day who require our services.

**Chichester Hub** is a safe place that provides hot meals, showers, clothing, advice and support. The Hub's role is pivotal to all our services, providing a first point of entry for those rough sleeping or under threat of homelessness.

When temperatures falls below zero or severe storms are forecast, small office spaces upstairs in the Hub are converted into temporary bedrooms which anyone still rough sleeping can access.

It also hosts a huge range of partner or volunteer-run group sessions and drop ins, AA, NA, GP, dentists, hairdressers, women's therapy, art classes, council Housing teams, and many more.



# ACHIEVING CURRICULUM OBJECTIVES

## PSHE

- **Community and Responsibility.** Giving student the understanding of fair and equal opportunity to be healthy.
- **Developing Learning Skills.** Organising and planning what is required to take part in the BIG school Sleep Out.

## Design and Technology

- **Design** - communicate ideas through talking and drawing templates.
- **Make** - Cutting, joining and shaping the structures.
- **Evaluate** - Outcome of structure against initial idea.
- **Technical Knowledge** - Explore the use of materials and how to make the structure stronger / weather proof.

# BENEFITS FOR CHILDREN

- Learn to plan and organise through helping to design the event.
- Develop empathy and a deeper understanding of the society they live in through learning about homelessness.
- Instil the importance of community, charity and helping others.
- Challenge and test skills such as determination, self-motivation and confidence.
- Work towards a common goal will teach skills such as teamwork, creativity and goal setting.



*"It was an amazing experience for them all.*

*Thank you for your support and coming along in the evening. We had a small presentation in the morning where each group had to sum up their experiences.*

*The two winning groups were amazing - both groups wrote a poem."*

# GETTING STARTED

We are happy to discuss your objectives and advise the best way for your school to host your own BIG Sleep Out. We will give you and your supporters the best fundraising experience providing sponsorship forms, posters and help setting up an online fundraising page.

# SETTING UP FOR SUCCESS

- **Location:** an indoor or covered location is recommended but if you like, you could brave the elements!
- **Date:** look at the calendar to plan a date. Allow time for set-up, arrivals, dinnertime, bedtime and wake up call in the morning.
- **World Homelessness Day** is in October and Stonepillow's BIG Sleep Out is always near to this time. You could choose a similar date or decide the lighter summer months work better for your school calendar.
- **Sign up:** Use meetings and letters home to promote the event and get people involved.
- **Materials:** If you'd like to make cardboard shelters, you could ask local businesses to donate cardboard, which you can then recycle after the event.



# SLEEP OUT ACTIVITIES

There will be time before bedtime for activities such as shelter building, sing-alongs, writing a card to a homeless person, board games, a quiz, arts and crafts.



# FUNDRAISING

Every penny you raise will help Stonepillow provide a vital service every day for between 25-40 people at the **Chichester Hub**. We can carry out risk and personal needs assessments and make relevant referrals to support services such as: GPs, housing, benefits, mental health support, education and employment.

- Set up a JustGiving Fundraising page. A member of the Stonepillow Fundraising page will be able to advise how you can join the BIG Sleep Out Campaign.
- Set an overall and achievable fundraising target.
- Try and start with a generous donation to encourage the rest of your supporters to follow.
- Spread the word! Use social media to reach more people.
- Boost your fundraising and host a BIG Bake Sale / Quiz Night etc.
- Keep up momentum with regular updates on how much you've raised.
- Contact the press! A bit of exposure such as a few lines in the local paper or an appeal on your local radio station can really help.



## FUNDRAISING OFF-LINE

Please ask for cheques to be made payable to: Stonepillow  
Cheques, CFA vouchers, sponsorship and Gift Aid forms to can be sent to:  
Stonepillow, 39 Southgate, Chichester. PO19 1DP

Contactless payment devices also available for use.

# Stonepillow support and empower homeless and vulnerable people to achieve sustainable independence and wellbeing

Your support will help Stonepillow continue to offer a wide range of services, all centering around our 5 pillars of support:

- **Prevent** homelessness and rough sleeping through supporting people early to retain their homes or make positive and planned moves.
- **Relieve** harmful impact upon those who find themselves homeless or with nowhere stable to live through provision of basic needs e.g. showers, laundry, food and crisis support, as well emergency or temporary accommodation.
- **Recover** our clients' health, wellbeing and independence through focused casework addressing the root causes of a person's homelessness or insecure housing.
- **Resettle** into new, sustainable supported or independent housing
- **Restore** lives; preparing clients to be tenancy ready, equipped with the skills they need to live independently and to reintegrate into the community.

## CONTACT US

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FUNDRAISING  
REGULATOR